

45th ANNUAL SPENCERVILLE BEARCAT RELAYS TRACK AND FIELD MEET

8 Boys and Girls teams entered: Ada, Columbus Grove, Delphos Jefferson, Delphos St. John's, Fort Loramie, New Bremen, Pandora-Gilboa and Spencerville.

1. The Spencerville Bearcat Relays will be held on the Spencerville H.S. track on **Thursday April 6, 2023**. Shot and disc weigh-in starts at 3:30, coaches meeting at 4:00, field events start at 4:15 and 6400m relay (girls first, then boys) starts at 4:30.
2. A check for the **entry fee of \$175** per school made out to Spencerville High School Athletic Dept. must either be sent or brought to the meet. **Enter online using www.baumspage.com**. Entry window opens Sun. March 20 and **closes Tues. April 4 at 7 PM**. Click on **Track**, then click on **Online Entry System Login** and follow the directions to Apply, Login, enter rosters and enter the events. Event entry spots left blank may not be added on meet day - you should enter all possible athletes in each event to keep the spaces filled.
3. **Entry deadline is 7 PM Tuesday April 4**. All OHSAA rules apply. A school may enter four boys and three girls in the shot put, discus and long jump team field events with the total of the best three determining the place. Three boys and three girls may be entered in the high jump, pole vault and triple jump team field events with the total of the best three used to determine the place. Field event entrants can be replaced until the meet starts. Relay team members (and their order) can be changed by filling out relay cards to be given to the clerk when the team checks in. Throwers 4x100 relay must consist of throwers. New this year- Girls Triple Jump and 1600m Mixed Relay (4x400) with 2 girls running the first two legs and 2 boys running the last two legs- the last running event.
4. All events will be scored as relay (team) events. SCORING (6 places): 10-8-6-4-2-1. Points won in the 1600m Mixed Relay will be split equally between the boys and girls teams.
5. Trophies will be awarded to the 1st and 2nd place boys and girls teams. Medals will be awarded to places 1 and 2 and ribbons to places 3, 4, 5, 6 in each event: 4 per relay team, 3 per field event team.
6. The all weather track and runways are polyurethane. The track is 400 meters with 8 42" lanes. The shot and discus pads are concrete- no spikes allowed. The pole vault runway is 135' long; the girls and boys LJ and TJ runways are 100'. The high jump approach is a 60' by 75' rectangle of asphalt. Two high jump pits, 2 PV pits, 2 LJ pits, 2 shot pads, and 2 discus pads will be used.
7. **1/4" spike length is the maximum** allowed on the track and runways.
8. Shot put and discus weigh-in is at the white building (near the finish line) starting at 3:30 PM.
9. **Field events**- Shot put, discus, pole vault, long jump, high jump, triple jump (after long jump).
- Running events** (in order)(girls first then boys)- 6400 relay (4x1600m), 400 relay (4x100m), Distance Medley relay (800,400,400,1600), 400m Shuttle Hurdles (girls 4x100m, 10 hurdles, 30"), 440m Shuttle Hurdles (boys 4x110m, 10 hurdles, 30"), 1600m relay (4x400), (Ironman) Throwers 400m relay (4x100), Sprint Medley relay (100,100, 200, 400), 3200m relay (4x800), 800m relay (4x200), 1600m Mixed relay (4x400). Lanes will be randomly drawn for the 1st event and rotated down 1 lane for each following event.
10. An event schedule and approximate time schedule is included. The event order will be followed whether we are ahead or behind the time schedule.
11. Admission price: Adults and students \$5.00.
12. Starting heights: Pole vault: girls 6', boys 7'; high jump: boys 4'10"; girls 4'0".
13. A concession stand will be open; **Bearcat Relays T-shirts** will be sold- Short Sleeve for **\$15**, Long Sleeve for **\$20**. Order by March 26 online at katiescreationson66.com; a limited number will be available for sale at the meet.
14. Starting blocks are provided. **Bring your own batons**. Mark any equipment that you bring with the school name.
15. No one is to be on the infield of the track or on the football field except for athletes in a current event.
16. NO TAPE used for marking! Use 1/2 tennis balls or washers for relay marks & PV, LJ & TJ, and chalk at HJ.
17. Inform your athletes they are not allowed to wear spikes in the stands.
18. Teams may set up camps behind the stands or outside the track away from all events. Frisbees, footballs, dogs and loud radios are not allowed. Please clean up your camp area when leaving.
19. Bus parking: Park in the lot behind the west side home stands--enter from Second Street: **from SR 66** turn East on Second St, go 4 blocks; **from SR 117** go West past the school drive 1 block, turn S (left) on Elizabeth St, go 2 blocks, turn left (east) on Second St 2 blocks to Spencerville Memorial Field and the Charles D. Moeller Track.
20. The date for next year's Spencerville Bearcat Relays is tentatively Friday April 5, 2024.

If you have questions, contact: Brian McMichael, Meet Manager, 221 Michael Street, Spencerville, OH 45887. Home phone: 419-647-6433, cell 419-204-3148, e-mail: bcmспен@hotmail.com, or Kelli Williams A.D., school phone: 419-647-4111 ext 3216, cell 419-733-8034 williamsk@svbearcats.org. HS Fax is 419-647-5124.